



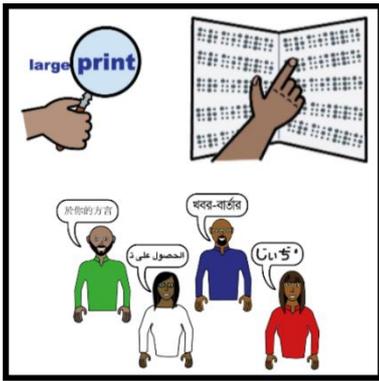
End of life care and support in Leeds

Easy Read

Care and Support in the Last Days of Life

Information leaflet

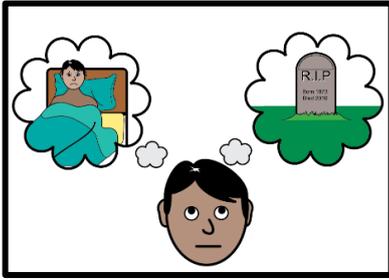




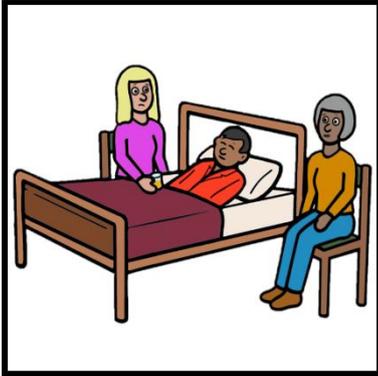
If you require this information in other languages, Braille, large print, or audio format please contact the team caring for your family member or friend.



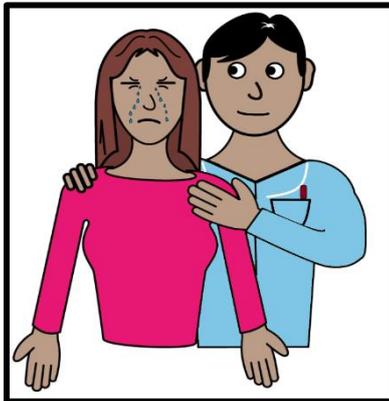
This booklet uses easy words and pictures.
You might want to ask someone to help you read it.



Sadly, someone important to you is thought to be dying.



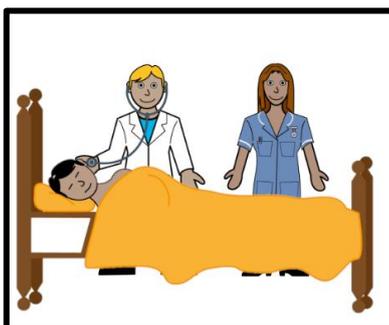
They could be in their last days of life.



The healthcare team are trained to support you and the person important to you at this sad time.



Doctors and nurses will continue to care for the person important to you.



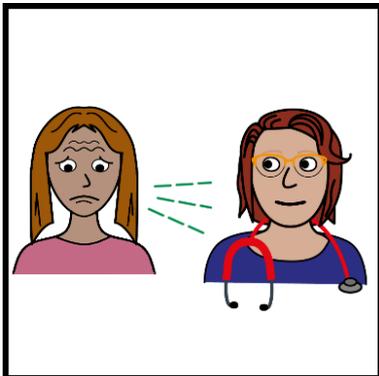
Everyone wants them to be as comfortable as they can be.



Medicine and treatment that is helping will carry on.



Medicine and treatment that will no longer help will be stopped.

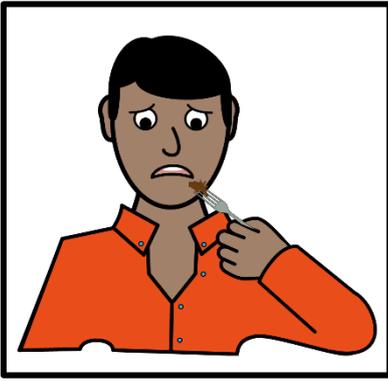


Please talk to the healthcare team if anything is worrying you.



You may notice some changes in the person. These might be:

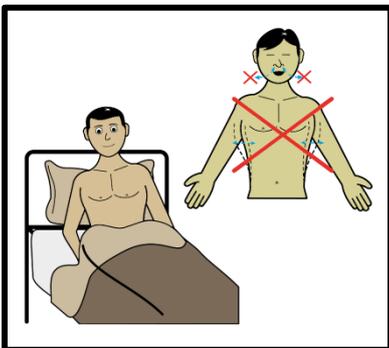
- They sleep a lot more



- They eat and drink less



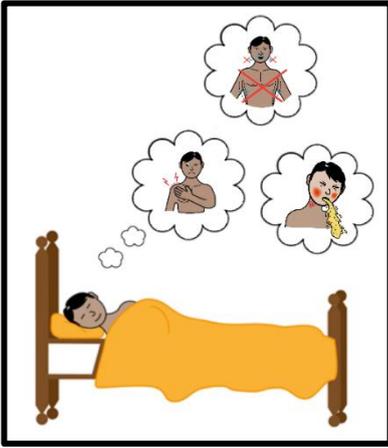
- They wee less



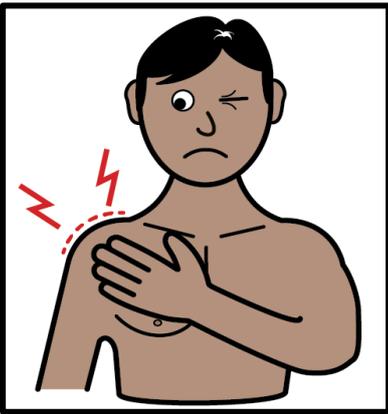
- Their breathing and skin colour might change



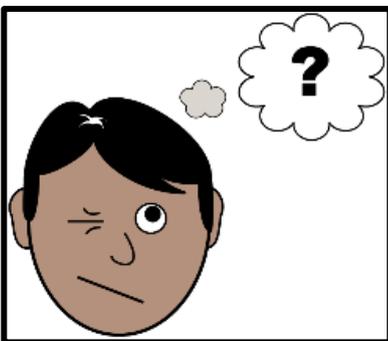
This is ok.
It is a part of dying.



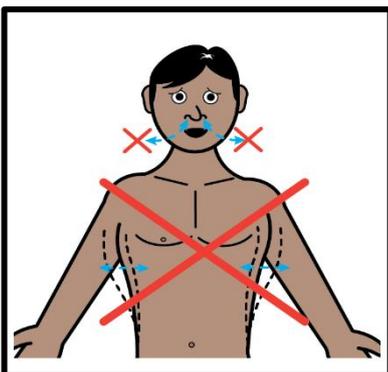
There are common symptoms people might get in the last days of their life. These might include:



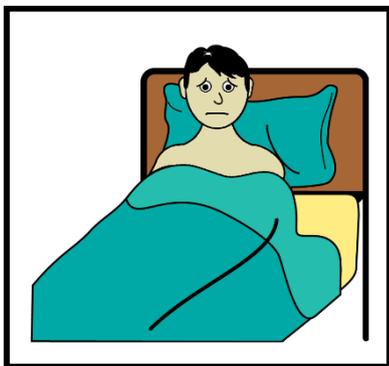
- Pain and discomfort



- Confused or restless



- Breathlessness or noisy breathing

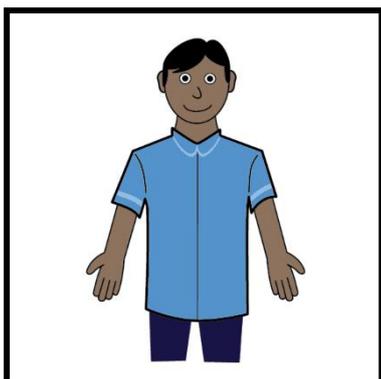


- Sickness.

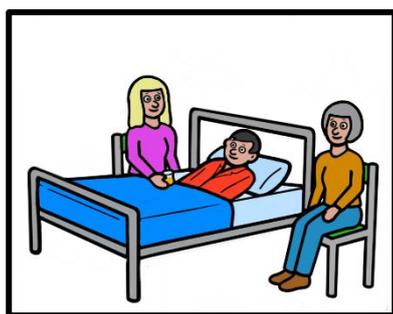


There is medicine to help with these symptoms.

The medicine might be given through a syringe pump if needed often.

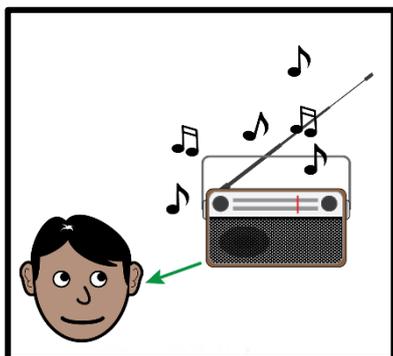


Nurses will be available to give this medicine when needed.

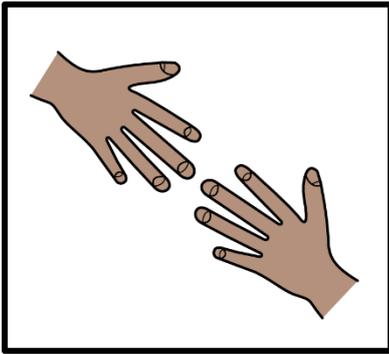


You can still help by:

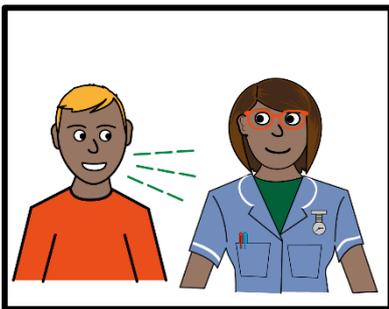
- Talking or reading to them



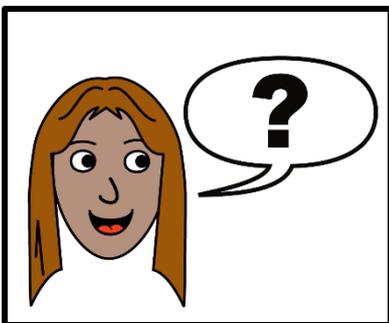
- Playing their favourite music



- Holding their hand.



Please let the healthcare team know if you think of anything that might help the person important to you.



If you have any questions, you can ask the healthcare team.



For more information you can visit the Leeds Palliative Care Network Website.

Scan the QR code or visit

www.leedspalliativecare.org.uk