

# Introduction to Palliative and End of Life Care Programme

**Programme: September – November 2025**

Do you provide support or care for people with a terminal illness, long-term condition or old age and frailty? This programme will help you to gain an understanding of palliative and end of life care, develop your skills and apply them to your practice.

The programme is taught by experts and clinicians working in palliative and end of life care and you will be supported in practice by a work-based mentor. Learning will be a mix of online and classroom based teaching with interactive activities and simulated scenarios.

## **Who is the programme for:**

This programme is ideal for Health and Social Care Professionals who are new to palliative and end of life care or who want to refresh their knowledge. This includes: Health Care Assistants and Support Workers; Registered Nurses and Nursing Associates; Allied Health Care Professionals; and Social Workers.

The programme is taught at an equivalent level to a level 3 qualification (e.g 'A' level) and can be used as evidence for Continuing Professional Development (CPD).

**Course Cost: £490 per delegate and  
£460 Early Bird Price (until Friday 8<sup>th</sup> August 2025)**

**Discount is available for bookings of 4 or more staff from the  
same organisation**

**There are potential funding opportunities – please contact us if this is  
required**

**Venue:** Virtual via Zoom

**Booking:** For further information and to book onto the programme,  
please email [AUPCCourses@st-gemma.co.uk](mailto:AUPCCourses@st-gemma.co.uk)

# Introduction to Palliative and End of Life Care Programme

## Autumn 2025 Timetable

Date	Time	Topic
<b>Wednesday 18<sup>th</sup> September 2025</b>	9am – 11am	Introduction to the programme; Introduction to Palliative and End of Life Care / Self-care and resilience
<b>Wednesday 18<sup>th</sup> September 2025</b>	11am – 12pm	Self-care and resilience
<b>Thursday 25<sup>th</sup> September 2025</b>	9am – 12pm	Communication skills
<b>Tuesday 30<sup>th</sup> September 2025</b>	1pm – 4pm	Advance Care Planning
<b>Monday 6<sup>th</sup> October 2025</b>	9am – 11am	Holistic and multidisciplinary approach to symptom management
<b>Monday 6<sup>th</sup> October 2025</b>	11am – 12pm	Spirituality
<b>Monday 13<sup>th</sup> October 2025</b>	9am – 12pm	Care in the last days of life
<b>Thursday 30<sup>th</sup> October 2025</b>	1pm – 4pm	Grief, loss and bereavement; Group academic Supervision-
<b>Friday 31<sup>st</sup> October 2025</b>	9am – 12pm	Supporting people with Learning Disabilities/Dementia at the end of life
<b>Thursday 6<sup>th</sup> November 2025</b>	9am – 12pm	Long Term Conditions and Frailty
<b>Monday 10<sup>th</sup> November 2025</b>	9am – 12pm	Preparation for assessment, how to read a journal article
<b>Friday 28<sup>th</sup> November 2025</b>	12 Midday	Deadline for submission of assessment and workbook

