

Introduction to Palliative and End of Life Care Programme

Programme: September – November 2025

Do you provide support or care for people with a terminal illness, long-term condition or old age and frailty? This programme will help you to gain an understanding of palliative and end of life care, develop your skills and apply them to your practice.

The programme is taught by experts and clinicians working in palliative and end of life care and you will be supported in practice by a work-based mentor. Learning will be a mix of online and classroom based teaching with interactive activities and simulated scenarios.

Who is the programme for:

This programme is ideal for Health and Social Care Professionals who are new to palliative and end of life care or who want to refresh their knowledge. This includes: Health Care Assistants and Support Workers; Registered Nurses and Nursing Associates; Allied Health Care Professionals; and Social Workers.

The programme is taught at an equivalent level to a level 3 qualification (e.g 'A' level) and can be used as evidence for Continuing Professional Development (CPD).

**Course Cost: £490 per delegate and
£460 Early Bird Price (until Friday 8th August 2025)**

**Discount is available for bookings of 4 or more staff from the
same organisation**

**There are potential funding opportunities – please contact us if this is
required**

Venue: Virtual via Zoom

Booking: For further information and to book onto the programme,
please email AUPCCourses@st-gemma.co.uk

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Autumn 2025 Timetable

Date	Time	Topic
Wednesday 18th September 2025	9am – 11am	Introduction to the programme; Introduction to Palliative and End of Life Care / Self-care and resilience
Wednesday 18th September 2025	11am – 12pm	Self-care and resilience
Thursday 25th September 2025	9am – 12pm	Communication skills
Tuesday 30th September 2025	1pm – 4pm	Advance Care Planning
Monday 6th October 2025	9am – 11am	Holistic and multidisciplinary approach to symptom management
Monday 6th October 2025	11am – 12pm	Spirituality
Monday 13th October 2025	9am – 12pm	Care in the last days of life
Thursday 30th October 2025	1pm – 4pm	Grief, loss and bereavement; Group academic Supervision-
Friday 31st October 2025	9am – 12pm	Supporting people with Learning Disabilities/Dementia at the end of life
Thursday 6th November 2025	9am – 12pm	Long Term Conditions and Frailty
Monday 10th November 2025	9am – 12pm	Preparation for assessment, how to read a journal article
Friday 28th November 2025	12 Midday	Deadline for submission of assessment and workbook

