

# **The Introduction to Palliative and End of Life Care Programme (Supportive level training)**

This programme provides an introduction to the key principles of supporting people living towards the end of their life with long-term or terminal conditions. The programme is taught by experts and clinicians working in palliative and end of life care and you will be supported in practice by a work-based mentor. The programme is taught at an equivalent level to a level 3 qualification (e.g. 'A' level) and can be used as evidence for Continuing Professional Development (CPD).

## **Individual sessions cover the following topics:**

- Spirituality, Equity, Diversity and Inclusion at end of life
- Loss Grief & Bereavement
- Overview of Advance Care Planning (including understanding the ReSPECT process)
- Supporting Care in the last days of life
- End of Life Care & Dementia
- Compassionate Communication

*Individual sessions are mapped to NHSE 2025 Core Capabilities (Supportive level)*

This programme is ideal for health and social care professionals who are new to palliative and end of life care or who want to refresh their knowledge. This includes: Health Care Assistants and Support Workers; Registered Nurses and Nursing Associates; Allied Health Care Professionals; and Social Workers.

Classroom at St Gemma's Hospice, Leeds & Virtual via Zoom.

You can enrol on the programme to start in March 2026 or September 2026. You are required to complete the programme within a year of starting.

The full timetable for the study sessions can be found on our website

Cost: £550 per person

(Funded places are available for colleagues in Leeds Community Healthcare and Leeds Primary Care Teams)



For more information:

Scan the QR code

Visit our website [www.st-gemma.co.uk/education-and-training](http://www.st-gemma.co.uk/education-and-training)

Contact [aupccourses@st-gemma.co.uk](mailto:aupccourses@st-gemma.co.uk) or 0113 218 5500