

The Introduction to Palliative and End of Life Care Programme (Supportive level training)

This programme provides an introduction to the key principles of supporting people living towards the end of their life with long-term or terminal conditions. The programme is taught by experts and clinicians working in palliative and end of life care and you will be supported in practice by a work-based mentor. The programme is taught at an equivalent level to a level 3 qualification (e.g. 'A' level) and can be used as evidence for Continuing Professional Development (CPD).

Individual sessions cover the following topics:

- Spirituality, Equity, Diversity and Inclusion at end of life
- Loss Grief & Bereavement
- Overview of Advance Care Planning (including understanding the ReSPECT process)
- Supporting Care in the last days of life
- End of Life Care & Dementia
- Compassionate Communication

Individual sessions are mapped to NHSE 2025 Core Capabilities (Supportive level)

This programme is ideal for health and social care professionals who are new to palliative and end of life care or who want to refresh their knowledge. This includes: Health Care Assistants and Support Workers; Registered Nurses and Nursing Associates; Allied Health Care Professionals; and Social Workers.

Classroom at St Gemma's Hospice, Leeds & Virtual via Zoom.

You can enrol on the programme to start in March 2026 or September 2026. You are required to complete the programme within a year of starting.

The full timetable for the study sessions can be found on our website

Cost: £550 per person

(Funded places are available for colleagues in Leeds Community Healthcare and Leeds Primary Care Teams)



For more information:

Scan the QR code

Visit our website www.st-gemma.co.uk/education-and-training

Contact aupccourses@st-gemma.co.uk or 0113 218 5500