

Symptom Management Master Class

Breathlessness & Fatigue in Palliative Care

(Advanced level training)

Effective management of breathlessness and fatigue in palliative care requires a holistic and multidisciplinary team approach that addresses the physical, functional, psychosocial and spiritual impact; it encompasses both pharmacological and non-pharmacological management strategies.

The session includes:

- Holistic assessment
- Consideration of potential reversible causes
- Non- pharmacological management strategies including patient self-management techniques
- The role of the Multidisciplinary Team
- Pharmacological interventions including the use of oxygen

Mapped to NHSE 2025 core capabilities (Advanced level)

This session is ideal for senior registered healthcare professionals (band 6 and above, or equivalent) supporting patients with terminal and long-term conditions receiving palliative and end of life care.

Half-day interactive tele-education session via Zoom

Date: Thursday 23rd April 2026

Time: 1pm - 4pm

Cost: £100

(Funded places are available for colleagues in Leeds Community Healthcare and Leeds Primary Care Teams)



For more information:

Scan the QR code

Visit our website www.st-gemma.co.uk/education-and-training

Contact aupccourses@st-gemma.co.uk or 0113 218 5500