

# Symptom Management Master Class

## Gastrointestinal Symptoms in Palliative Care

### (Advanced level training)

Effective management of gastrointestinal symptoms in palliative care requires impeccable assessment and a holistic approach that addresses the physical, functional, psychosocial and spiritual impact; it encompasses both pharmacological and non-pharmacological management strategies.

The session considers : nausea and vomiting; anorexia and cachexia; constipation; malignant bowel obstruction.

Including:

- Pathophysiology of different conditions
- Holistic assessment
- Consideration of potential reversible causes
- Pharmacological and supportive treatment interventions
- Non- pharmacological management strategies

*Mapped to NHSE 2025 core capabilities (Advanced level)*

**This session is ideal for senior registered Healthcare professionals (band 6 and above, or equivalent) supporting patients with terminal and long-term conditions receiving palliative and end of life care.**

**Half-day interactive tele-education session via Zoom**

**Date: Wednesday 20<sup>th</sup> May 2026**

**Time: 9:30am -12:30pm**

**Cost: 100**

**(Funded places are available for colleagues in Leeds Community Healthcare and Leeds Primary Care Teams)**



**For more information:**

**Scan the QR code**

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