

Symptom Management Master Class

Gastrointestinal Symptoms in Palliative Care

(Advanced level training)

Effective management of gastrointestinal symptoms in palliative care requires impeccable assessment and a holistic approach that addresses the physical, functional, psychosocial and spiritual impact; it encompasses both pharmacological and non-pharmacological management strategies.

The session considers : nausea and vomiting; anorexia and cachexia; constipation; malignant bowel obstruction.

Including:

- Pathophysiology of different conditions
- Holistic assessment
- Consideration of potential reversible causes
- Pharmacological and supportive treatment interventions
- Non- pharmacological management strategies

Mapped to NHSE 2025 core capabilities (Advanced level)

This session is ideal for senior registered Healthcare professionals (band 6 and above, or equivalent) supporting patients with terminal and long-term conditions receiving palliative and end of life care.

Half-day interactive tele-education session via Zoom

Date: Wednesday 20th May 2026

Time: 9:30am -12:30pm

Cost: 100

(Funded places are available for colleagues in Leeds Community Healthcare and Leeds Primary Care Teams)



For more information:

Scan the QR code

Visit our website www.st-gemma.co.uk/education-and-training

Contact aupccourses@st-gemma.co.uk or 0113 218 5500