

# Symptom Management Master Class

## Pain in Palliative Care (Advanced level training)

Effective management of pain in palliative care requires impeccable assessment and a holistic approach that addresses the physical, functional, psychosocial and spiritual impact; it encompasses both pharmacological and non-pharmacological management strategies.

This session includes:

- Pathophysiology of different types of pain
- Holistic and multi-dimensional assessment of pain
- Pharmacological management of pain- strong opioids; opioid switching; adjuvant analgesics
- Non-pharmacological management of pain including patient techniques for self-management

*Mapped to NHSE 2025 core capabilities (Advanced level)*

This session is ideal senior registered healthcare professionals (band 6 and above, or equivalent) supporting patients with terminal and long-term conditions receiving palliative and end of life care.

Half-day interactive tele-education session via Zoom

Date: Thursday 23rd April 2026

Time: 9:30am - 12:30pm

Cost: £100

(Funded places are available for colleagues in Leeds Community Healthcare and Leeds Primary Care Teams)



For more information:

Scan the QR code

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Contact [aupccourses@st-gemma.co.uk](mailto:aupccourses@st-gemma.co.uk) or 0113 218 5500