

# **Symptom Management Master Class**

## **Pain in Palliative Care (Advanced level training)**

Effective management of pain in palliative care requires impeccable assessment and a holistic approach that addresses the physical, functional, psychosocial and spiritual impact; it encompasses both pharmacological and non-pharmacological management strategies.

### **This session includes:**

- Pathophysiology of different types of pain
- Holistic and multi-dimensional assessment of pain
- Pharmacological management of pain- strong opioids; opioid switching; adjuvant analgesics
- Non-pharmacological management of pain including patient techniques for self-management

*Mapped to NHSE 2025 core capabilities (Advanced level)*

This session is ideal senior registered healthcare professionals (band 6 and above, or equivalent) supporting patients with terminal and long-term conditions receiving palliative and end of life care.

### **Half-day interactive tele-education session via Zoom**

**Date: Thursday 23rd April 2026**

**Time: 9:30am - 12:30pm**

**Cost: £100**

(Funded places are available for colleagues in Leeds Community Healthcare and Leeds Primary Care Teams)



**For more information:**

**Scan the QR code**

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