

# **The Principles of Palliative and End of Life Care Programme (Assistive & Registration level training)**

This programme explores the key principles of palliative and end of life care, improving support for people living towards the end of their life with long-term or terminal conditions. The programme is taught by experts and clinicians working in palliative and end of life care and you will be supported in practice by a work-based mentor. The programme is taught at an equivalent level to a level 5 qualification (e.g. diploma) and can be used as evidence for Continuing Professional Development (CPD).

## **Individual sessions cover the following topics:**

- Spirituality, Equity, Diversity and Inclusion at end of life
- Loss Grief & Bereavement
- An overview of Advance Care Planning (including understanding the ReSPECT process)
- Supporting Care in the last days of life
- End of Life Care & Dementia
- Difficult Conversations at the end of life
- Ethical Issues in Palliative Care
- Symptom Management Study Day - Pain, Breathlessness and Fatigue
- Symptom Management Study Day Nausea, Vomiting, Constipation, Delirium, Terminal Agitation

*Individual sessions are mapped to NHSE 2025 Core Capabilities (Assistive & Registration levels)*

This programme is ideal for registered health care professionals (band 4 and 5 or equivalent) who want to develop their knowledge, skills and confidence. This includes Registered Nurses, Nursing Associates, and Allied Health Care Professionals, who care for people with palliative and end of life needs.

**Classroom at St Gemma's Hospice, Leeds & Virtual via Zoom.**

You can enrol on the programme to start in March 2026 or September 2026 . You are required to complete the programme within a year of starting.

The full timetable for the study sessions can be found on our website

**Cost: £970 per person**

(Funded places are available for colleagues in Leeds Community Healthcare and Leeds Primary Care Teams)



**For more information:**

**Scan the QR code**

**Visit our website [www.st-gemma.co.uk/education-and-training](http://www.st-gemma.co.uk/education-and-training)**

**Contact [aupccourses@st-gemma.co.uk](mailto:aupccourses@st-gemma.co.uk) or 0113 218 5500**